

Declaration „Green Travel“

I, _____ (name of student), hereby declare on oath that I will travel environmentally friendly to my internship in accordance with the Green Travel requirements of the Erasmus+ Programme (**journey there and back**). This means that I will use **“low-emission means of transportation such as train, bus or carpool for the majority of the travel distance”** (Erasmus+ Programme Guide 2025). For this I will receive a subsidy in addition to the regular Erasmus+ scholarship (see table on page 2).

Based on the [Erasmus+ Distance Calculator](#) the following number of kilometers (rounded without decimal places) results for my trip from Munich to _____ (town, country of the internship abroad):
_____ km (**distance of the one-way route**).

I am aware that the travel documents (e.g. tickets) are subject to a retention period of at least five years and can be requested as proof. This period begins at the end of the calendar year in which the tickets were issued.

I am aware that providing false information about my environmentally friendly travel method may result in the entire Erasmus+ scholarship being reclaimed.

Place, Date

Signature of Student

Overview of additionally funded travel days

One-way distance, measured from Munich to internship city	Traveling allowance	Number of additionally granted travel days	Funding amount for travel days, in addition to the traveling allowance	
			Funding Group 1, daily rate of 25,00 €	Funding Group 2, daily rate of 23,00 €
10 – 99 km	56,00 €	0	Traveling allowance only	Traveling allowance only
100 - 499 km	285,00 €	2	50,00 €	46,00 €
500 – 1.999 km	417,00 €	4	100,00 €	92,00 €
2.000 – 2.999 km	535,00 €	6	150,00 €	138,00 €
3.000 – 3.999 km	785,00 €	6	150,00 €	138,00 €
4.000 – 7.999 km	1.188,00 €	6	150,00 €	138,00 €
> 8.000 km	1.735,00 €	6	150,00 €	138,00 €

Countries in Funding Group 1

Austria, Belgium, Denmark, Finland, France, Ireland, Iceland, Italy, Liechtenstein, Luxembourg, Netherlands, Norway, Sweden

Countries in Funding Group 2

Bulgaria, Croatia, Cyprus, Czech Republic, Estonia, Greece, Hungary, Latvia, Lithuania, Malta, North Macedonia, Poland, Portugal, Romania, Serbia, Slovakia, Spain, Turkey

Link to the Erasmus+ Distance Calculator: <https://erasmus-plus.ec.europa.eu/de/resources-and-tools/distance-calculator>